

Faculty Profile



SOWMY H.L

Assistant Professor

Department of Commerce and Management

Hindustan College

Mysore

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1. EDUCATIONAL QUALIFICATION

COURSE	BOARD	YEAR OF PASSING	PERCENTAGE	CLASS
Ph.D	UNIVERSITY OF MANDYA	Pursuing	NOT APPLICABLE	NOT APPLICABLE
M.Com	UNIVERSITY OF MYSORE	2019	8CGPA	FIRST
M.Com	KSOU	2000	59	SECOND
Diploma in Functional English	KSOU	2009	80	FIRST
Karnataka State Eligibility Test (K SET) for Lectureship – JUNE 2021	Government of Karnataka and University of Mysore	2021	NOT APPLICABLE	NOT APPLICABLE

2. **ACADEMIC PROFILE**

Sl. No	Employer	College	Year	Designation
1.	University of Dharwad	Secab Institution	From 2000 to 2002	Guest faculty
2.	University of Mysore	JSS College for Women, Mysore	From 2006 to 20011	Full time Lecturer
3.	Amrita University	Amrita School of Arts and Sciences	2011 to 2012	Soft Skills Trainer
4.	University of Mysore	St. Joseph's First Grade College	From 2012 to 2019	Assistant Professor
5. 5.	University of Mysore	SBRR Mahajana First Grade College	From 2019 to 2023	Assistant Professor
6.	University of Mysore	MMK SDM, PG Centre	2023 to 2024	Assistant Professor

Special lecture

1.	Soft skills	LLB students	JSS LAW COLLEGE, MYSORE	23 December 2021
2.	Effectiveness of Communication Skills	B.com students	Mahajana PG Centre	May 21 2022

Participated in various Workshops

Sl. no	Name of the paper	Name of the institution	Number of Days	Year
1	"Project Genisis	INFOSYS, Mysore	15 days	July 2007
2	Research Methodology; tools and techniques	University of Mysore	One day	14 th October 2022.
3	SPPSS	SBRR Mahajana First Grade College	One day	December 2022
4.	FDP- "Cognizance of Indian National Education Policy 2022".		8 days	6 th June to 13 th June 2022.
5.	Art of Publishing Journals	SBRR Mahajana First Grade College, Mysuru	1 day	24 th December 2022

5.	Faculty Development Program	Data driven decision making with HR Analytic: A practical Approach	5 days	June 2023
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Paper presentation in National Seminar

1.	Vidhyavardhaka First Grade College, Mysore.	“Digital India”	Two days	December 2017
2.	“Women Managers in India: Challenges and Opportunities to Excel”	WOMEN SCIENCE NATIONAL CONGRESS at Pooja Bhagwat PG Centre Mysuru	2 day	Nov 8 th and 9 th 2019
3.	Webinar on Statistical and Data Driven decision	Vidyavardhaka First Grade College, Mysore	1 day	11 th November 2020
4.	“Central Bank Digital Currency” India’s Foray into digital currency	K Puttaswamy College, Mysuru	1 day	February 5 th 2023.
3.	“ Steering India to one Destination Digitalisation ”	Vidyavardhaka PG Centre, Mysore	1 day	11 th July 2024
4.	An analytical study on Technological Innovations and Customer adoption in Banking in Mysore District	JSS College for Women, Mysore	1 day	23 November 2025
5.	“Sustainability through Enterprise: Assessing Eco-Entrepreneurs’ Role in Enhancing Community Well-Being in Mysore City”	VidyVardhaka First Grade College, Mysore	1 day	20 December 2025
6.	Article on The Rise of Diet Food Consumption Among Industrial Youth: A Study of the Food Processing Industry in Mysore	IJIRT Volume 12 Issue 2 ISSN: 2349-6002		July 2025

